WHI Baseline and Follow-Up Data

Form 60a - Energy, Macronutrients, Cholesterol, Caffeine, Fiber, Fruits, Vegetables, Glycemic Load

Data File: f60a_os_pub   **File Date:** 08/03/2007 **Structure:** Multiple rows per participant **Population:** OS participants

Participant ID

Variable # 1	**Usage Notes:** none
Sas Name: ID	
Sas Label: Participant ID	**Categories:** Study: Administration
Type: Continuous	

F60 Days since randomization/enrollment

Variable # 2	**Usage Notes:** none
Sas Name: F60DAYS	
Sas Label: F60 Days since randomization/enrollment	**Categories:** Study: Administration
Type: Continuous	

F60 Visit type

Variable # 3	**Usage Notes:** none
Sas Name: F60VTYP	
Sas Label: Visit type	**Categories:** Study: Administration
Type: Categorical	

Values

1	Screening Visit
2	Semi-Annual Visit
3	Annual Visit
4	Non-Routine Visit

F60 Visit year

Visit year for which this form was collected.

Variable # 4	**Usage Notes:** none
Sas Name: F60VY	
Sas Label: Visit year	**Categories:** Study: Administration
Type: Continuous	

F60 Closest to visit within visit type and year

For forms entered with the same visit type and year, indicates the one closest to that visit's target date. Valid for forms entered with an annual or semi-annual visit type.

Variable # 5	**Usage Notes:** See data preparation document
Sas Name: F60VCLO	
Sas Label: Closest to visit within visit type and year	**Categories:** Study: Administration
Type: Categorical	

Values

0	No
1	Yes

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F60 Expected for visit

This form/data was expected for this visit. Form 60 (FFQ) was expected at Baseline for all CT and OS, for all DM at year 1, for all OS at year 3, and for a subsample of DM in other years.

Variable # 6	**Usage Notes:** none
Sas Name: F60EXPC	
Sas Label: Expected for visit	**Categories:** Study: Administration
Type: Categorical	

Values

0	No
1	Yes

Analysis exclusion consideration status

Variable # 7	**Usage Notes:** May want to consider excluding participants with a status of 1 or 2 from analyses. The FFQ is suspect in light of the very low or very high value for the Energy (kcal) result.
Sas Name: STATUS	
Sas Label: Analysis exclusion consideration status	**Categories:** Computed Variables
Type: Categorical	Diet: FFQ

Values

1	Energy < 600 kcal consider excluding from analyses
2	Energy > 5000 kcal consider excluding from analyses
3	600 kcal <= Energy <= 5000 kcal

Dietary Gram Amount

Variable # 8	**Usage Notes:** none
Sas Name: F60GRAMS	
Sas Label: Dietary Gram Amount	**Categories:** Computed Variables
Type: Continuous	Diet: FFQ

Dietary Energy (kcal)

Variable # 9	**Usage Notes:** none
Sas Name: F60ENRGY	
Sas Label: Dietary Energy (kcal)	**Categories:** Computed Variables
Type: Continuous	Diet: FFQ

Dietary Energy (joules)

Variable # 10	**Usage Notes:** none
Sas Name: F60ENRGYJ	
Sas Label: Dietary Energy (joules)	**Categories:** Computed Variables
Type: Continuous	Diet: FFQ

Dietary Total Carbohydrate (g)

Variable # 11	**Usage Notes:** none
Sas Name: F60CARB	
Sas Label: Dietary Total Carbohydrate (g)	**Categories:** Computed Variables
Type: Continuous	Diet: FFQ

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Dietary Total Sugars (g)

Variable # 12	**Usage Notes:** none
Sas Name: F60TSUGR	
Sas Label: Dietary Total Sugars (g)	**Categories:** Computed Variables Diet: FFQ
Type: Continuous	

Dietary Glycemic Load Based on Total Carb

Variable # 13	**Usage Notes:** none
Sas Name: F60GTLC	
Sas Label: Dietary Glycemic Load Based on Total Carb	**Categories:** Computed Variables Diet: FFQ
Type: Continuous	

Dietary Glycemic Load Based on Available Carb

Variable # 14	**Usage Notes:** none
Sas Name: F60GLAC	
Sas Label: Dietary Glycemic Load Based on Available Carb	**Categories:** Computed Variables Diet: FFQ
Type: Continuous	

Dietary Glycemic Index (using total carbs)

Variable # 15	**Usage Notes:** none
Sas Name: F60DIETGI	
Sas Label: Dietary Glycemic Index (using total carbs)	**Categories:** Computed Variables Diet: FFQ
Type: Continuous	

Dietary Glycemic Index (using available carbs)

Variable # 16	**Usage Notes:** none
Sas Name: F60DIETGA	
Sas Label: Dietary Glycemic Index (using available carbs)	**Categories:** Computed Variables Diet: FFQ
Type: Continuous	

Dietary Protein (g)

Variable # 17	**Usage Notes:** none
Sas Name: F60PROT	
Sas Label: Dietary Protein (g)	**Categories:** Computed Variables Diet: FFQ
Type: Continuous	

Dietary Animal Protein (g)

Variable # 18	**Usage Notes:** none
Sas Name: F60ANMPR	
Sas Label: Dietary Animal Protein (g)	**Categories:** Computed Variables Diet: FFQ
Type: Continuous	

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Dietary Vegetable Protein (g)

Variable # 19	**Usage Notes:** none	
Sas Name: F60VEGPR		
Sas Label: Dietary Vegetable Protein (g)	**Categories:**	Computed Variables Diet: FFQ
Type: Continuous		

Dietary Total Fat (g)

Variable # 20	**Usage Notes:** none	
Sas Name: F60FAT		
Sas Label: Dietary Total Fat (g)	**Categories:**	Computed Variables Diet: FFQ
Type: Continuous		

Dietary Total SFA (g)

Variable # 21	**Usage Notes:** none	
Sas Name: F60SFA		
Sas Label: Dietary Total SFA (g)	**Categories:**	Computed Variables Diet: FFQ
Type: Continuous		

Dietary Total MFA (g)

Variable # 22	**Usage Notes:** none	
Sas Name: F60MFA		
Sas Label: Dietary Total MFA (g)	**Categories:**	Computed Variables Diet: FFQ
Type: Continuous		

Dietary Total PFA (g)

Variable # 23	**Usage Notes:** none	
Sas Name: F60PFA		
Sas Label: Dietary Total PFA (g)	**Categories:**	Computed Variables Diet: FFQ
Type: Continuous		

Dietary Total Trans Fatty Acid (g)

Variable # 24	**Usage Notes:** none	
Sas Name: F60TFTOT		
Sas Label: Dietary Total Trans Fatty Acid (g)	**Categories:**	Computed Variables Diet: FFQ
Type: Continuous		

Daily Fruit Consumption (med portion)

Variable # 25	**Usage Notes:** none	
Sas Name: F60FRUIT		
Sas Label: Daily Fruit Consumption (med portion)	**Categories:**	Computed Variables Diet: FFQ
Type: Continuous		

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Daily Vegetable Consumption (med portion)

Variable #	26	**Usage Notes:**	none
Sas Name:	F60VEG		
Sas Label:	Daily Vegetable Consumption (med portion)	**Categories:**	Computed Variables
Type:	Continuous		Diet: FFQ

Dietary Fiber (g)

Variable #	27	**Usage Notes:**	none
Sas Name:	F60FIBER		
Sas Label:	Dietary Fiber (g)	**Categories:**	Computed Variables
Type:	Continuous		Diet: FFQ

Water Soluble Dietary Fiber (g)

Variable #	28	**Usage Notes:**	none
Sas Name:	F60SOLFB		
Sas Label:	Water Soluble Dietary Fiber (g)	**Categories:**	Computed Variables
Type:	Continuous		Diet: FFQ

Insoluble Dietary Fiber (g)

Variable #	29	**Usage Notes:**	none
Sas Name:	F60INSFB		
Sas Label:	Insoluble Dietary Fiber (g)	**Categories:**	Computed Variables
Type:	Continuous		Diet: FFQ

Dietary Cholesterol (mg)

Variable #	30	**Usage Notes:**	none
Sas Name:	F60CHOLS		
Sas Label:	Dietary Cholesterol (mg)	**Categories:**	Computed Variables
Type:	Continuous		Diet: FFQ

Dietary Water (g)

Variable #	31	**Usage Notes:**	none
Sas Name:	F60WATER		
Sas Label:	Dietary Water (g)	**Categories:**	Computed Variables
Type:	Continuous		Diet: FFQ

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Dietary Alcohol (g)

Includes alcohol from beer, wine, and liquor, as well as from foods. Some foods contain alcohol due to minute amounts of alcohol in vanilla extract, almond extract etc used in baking.

Variable # 32	**Usage Notes:** Use in combination with the variable F60ALCWK (Alcohol Servings per Week) to ONLY include participants using beer, wine, or liquor at a frequency of 1-3 times per month or more (i.e. F60ALCWK > 0).
Sas Name: F60ALC	
Sas Label: Dietary Alcohol (g)	
Type: Continuous	**Categories:** Computed Variables Diet: Alcohol Diet: FFQ Lifestyle: Alcohol

Alcohol servings per week

Form 60 (FFQ), wine, beer and liquor servings. Number of servings per week of beer, wine and/or liquor based on a medium serving size which is 12oz of beer, 6oz of wine and 1½ oz of liquor. If all three variables are missing, set to missing.

Variable # 33	**Usage Notes:** none
Sas Name: F60ALCWK	
Sas Label: Alcohol servings per week	**Categories:** Computed Variables Diet: Alcohol Diet: FFQ Lifestyle: Alcohol
Type: Continuous	

Dietary Caffeine (mg)

Variable # 34	**Usage Notes:** none
Sas Name: F60CAFF	
Sas Label: Dietary Caffeine (mg)	**Categories:** Computed Variables Diet: FFQ
Type: Continuous	

Percent calories from carbohydrates

Variable # 35	**Usage Notes:** none
Sas Name: F60CBPCT	
Sas Label: Percent Calories from Carbohydrates	**Categories:** Computed Variables Diet: FFQ
Type: Continuous	

Percent calories from protein

Variable # 36	**Usage Notes:** none
Sas Name: F60PRPCT	
Sas Label: Percent Calories from Protein	**Categories:** Computed Variables Diet: FFQ
Type: Continuous	

Percent calories from fat

Variable # 37	**Usage Notes:** none
Sas Name: F60FTPCT	
Sas Label: Percent Calories from Fat	**Categories:** Computed Variables Diet: FFQ
Type: Continuous	

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Percent calories from SFA

Variable # 38

Sas Name: F60SFPCT

Sas Label: Percent Calories from SFA

Type: Continuous

Usage Notes: none

Categories: Computed Variables
Diet: FFQ

Percent calories from MFA

Variable # 39

Sas Name: F60MFPCT

Sas Label: Percent Calories from MFA

Type: Continuous

Usage Notes: none

Categories: Computed Variables
Diet: FFQ

Percent calories from PFA

Variable # 40

Sas Name: F60PFPCT

Sas Label: Percent Calories from PFA

Type: Continuous

Usage Notes: none

Categories: Computed Variables
Diet: FFQ